MOBIDER//®





Presenter: Sarah Gill



Established in 1847Saint-Etienne - France





BEST PRACTICE

FOR THE MANAGEMENT OF LYMPHOEDEMA - 2ND EDITION

Compression Therapy:
A position document on compression bandaging

International
Lymphoedema
Framework
= Mobiderm included

www.lympho.org



What is MOBIDERM®?



Composition:

Adhesive non-woven fabric Open-Cell foam





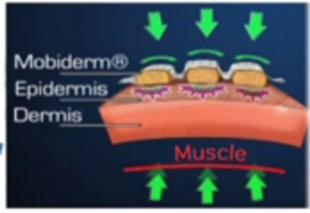
How does MOBIDERM® work?







Treatment of oedema optimised by mobilisation of the subcutaneous tissues



Creates a **pressure differential** between the supporting zone and the surrounding area.

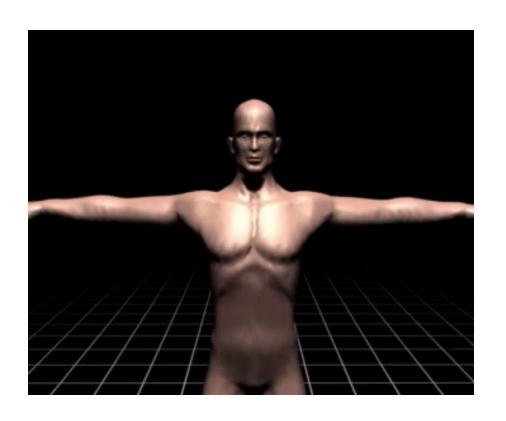
Combined with muscle volume variation triggers a **shear effect** in the subcutaneous tissues.





Lymphatic system & MOBIDERM®

- 80% superficial
- Originates peripherally





How does MOBIDERM® work?









Why is MOBIDERM® unique?

Most products **compress = reduces** rate of filtration.

MOBIDERM® stimulates initial lymphatics

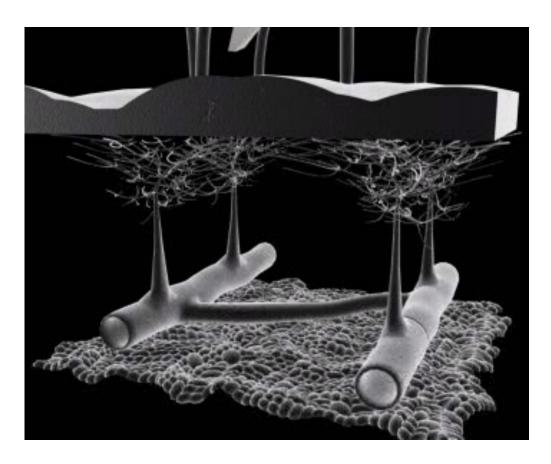
Stimulating lymphatic system = Increased of lymph load

Reduces filtration

Stimulation = less rebound



MOBIDERM® and lymphatic load







4 bandages make up the system

- 1. Cotton bandage
- 2. Mobiderm
- 3. Flexideal short stretch
- 4. Biflex 16+ or 17+ medium stretch



Management stage













Complete Care

















Mobiderm garments for maintenance (left)

Images courtesy of M. Chardon-Bras, Thuasne

Reduction of lymphoedema in paralysed arm using Mobiderm® bandaging and garment

Treatment & Results



Week 1 (above & below)





Week 9 (above & below)

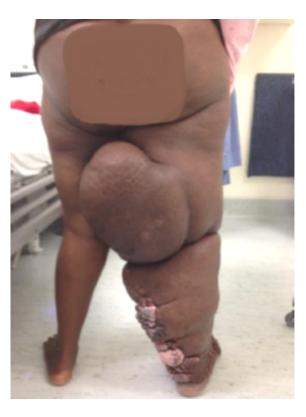


Conclusion

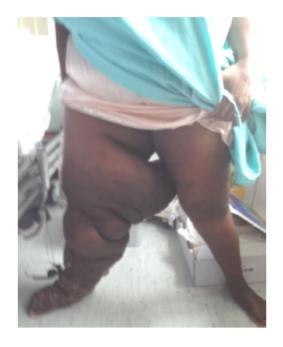
- **1**. Mobiderm® bandaging and garments aid in reduction of lymphoedema and are especially adaptable to patients requiring complex or palliative care.
- **2.** Ease of bandaging enabled district nurses and family to become involved in treatment.
- **3**. The introduction of Mobiderm® sleeve resulted in comfort and self management of condition.

Mobiderm® and its use in assisting with surgical intervention



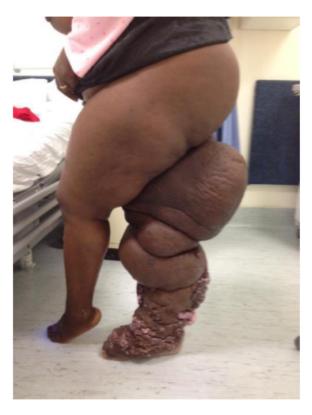


Above: October 2013 – Mrs T – Durban – South Africa



Above: Post 2 weeks bandaging significant reduction and softening allowing debulking to take place.

Mobiderm® and its use in assisting with surgical intervention





Above: October 2013

Above: November 2016

Integrating **community based care** into treatment of **complex lymphoedema** utilising **Mobiderm**® bandages and garments

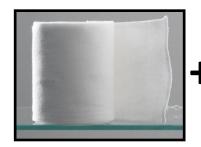
Presentation of patient

- •47 year old female
- Cerebral Palsy
- Macular degeneration
- Slight Intellectual disability
- Wheel chair bound
- Repeated episodes of cellulitis
- Fully dependant/hoisted
- Lost of the medical grid



Left foot/toes

Equipment:



1. Cotton



2.Mobiderm



3. Flexideal (night-time)

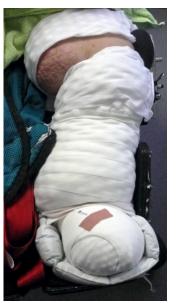


Left leg anterior view

Integrating **community based care** into treatment of **complex lymphoedema** utilising **Mobiderm**® bandages and garments

Percentage of reduction in left lower leg

Ankle	33%
Measure 2	8%
Measure 3	18%
Measure 4	20%
Measure 5	15%
Measure 6	15%
Knee	21%







Reduction in volume in 6 months 2604.61 ml

Left: Bandaged leg in spiral with flexideal

MOBIDERM®

Works by:

- 1. Stimulating the lymphatic vessels to remove lymphatic load,
- 2. Reduces rebound by activating the initial lymphatic vessels,
- 3. Reduces filtration,
- 4. Softens fibrosis.

Benefits:

- 1. Easy to use,
- 2. Highly adaptable,
- 3. Faster reduction,
- 4. Easier for the patient to move lighter to wear,
- 5. Re-Usable,
- 6. Less is more effect,
- 7. Patient autonomy (easier to self bandage),
- 8. Cost effective.





Thankyou & Questions?

MOBIDERM®



